

March 17, 2020

Good morning faith family,

I trust that you have heard the Public Health and Ontario Government announcements this morning.

Would you do two things to help your Pastor, your church family and others?

As Pastoral care visits have been banned, especially to those in institutions; I need your eyes and ears to help me/us "care for" those in our midst. Please take time to phone your family, friends, neighbors, and church family. Your friendly phone call may just cut through feelings of isolation during this time of containment. If you hear a need expressed that I/we could assist with please let me know asap. Maybe call 5 different people every day.

Secondly: Take the opportunity each day to pray, read scripture, meditate, sing a song/hymn or even just be still and quiet.

Know that I am holding all of you up in my personal prayers. I am reminded of one of my favorite scripture passages. Isaiah 30:15 "In returning and rest you shall be saved; in quietness and in trust shall be your strength."

Thank you for your love for others and for deepening your personal faith.

Sincerely in Christ, Pastor Norine