



The Mustard Seed

September 2019

*The Monthly Newsletter
of*

*St. John's Evangelical
Lutheran Church*

47 McLachlin St. S., Arnprior
Ontario K7S 2Z1

Pastor:

Norine Gullons 613-282-5032
Church Office: 613-623-4562

*Pastor's office hours: 9:00-Noon
Tuesday and Thursday*

Church Council

Ryan Zimmerling (Chair)	622-5939
Randy Zimmerling	623-9733
Jeff Kargus	623-0192
Dave Burkett	618-5729
Cory Weckworth	793-3701
Elmer Leeck	623-4306

Pastor's Message

The weather changes, signaling people to tend to harvesting their gardens. The sun sets earlier reminding us to enjoy those days of sun and heat before we start looking for our favorite sweaters. The children are counting down the number of "sleeps" before school starts up again.

We rely on God who creates good things for us, giving us what we need to live and grow, caring for us through others, forgiving us, and redeeming us. At the end of the summer people have been popping into my office to "check in with me" and to share their personal stories. Churches are about people, the communities of faith. No matter what changes happen, we are called to remember every morning (like Martin Luther), even before our feet hit the floor, that we are a baptized child of God and God has decided to love us no matter what changes we go through.

It is important that we check in with each other and our youth – (no matter how young they are) during these first few weeks of fall transition– school or work, to see how things are going. It is important to support and encourage each other -especially for our young people - to do what is right, even when it is not always easy. Commit to praying regularly for all of us.

We are invitational people, so we gather together and invite others to join us. All we need is people, water, bread, wine and THE WORD of God to be a faith community. God blesses us with so much more!

In Christ, Pastor Norine Gullons

"The Kingdom of Heaven is like a grain of mustard seed, which a man took, and sowed in his field; which indeed is smaller than all seeds. But when it is grown, it is greater than the herbs, and becomes a tree, so that the birds of the air come and lodge in its branches."

Matthew 13:31-32

We have coffee, treats and social time every Sunday after service.



Hope to see you there!

Sign up in the Narthex if you would like to sponsor communion, bulletins or flowers for the altar in memory of a loved one or to honour a special event.

September Event Calendar

Sunday	Sept 1st	10:30 Worship service with Holy Communion
Sunday	Sept 8th	BACKPACK SUNDAY 10:30 am Worship service with Holy Communion. Guest organist Lynne Zander
Thursday	Sept 12 th	Ottawa Valley Lutheran Pastors meet at St. Stephens, Schutt
Saturday	Sept 14 th	8:30am Men's Breakfast —Jim's Restaurant
Sunday	Sept 15th	10:30am Worship service with Holy Communion
Monday	Sept 16 th	7:30pm Church Council
Sunday	Sept 22nd	10:30 Worship service with Holy Communion
Saturday	Sept 28 th	Area Lutheran Church Treasurers Workshop at St. Peter's Ottawa
Sunday	Sept 29th	"HAT SUNDAY" 1030am Worship Service with Holy Communion. <i>Everyone is invited (men & women) to wear a hat to church to help Lois Rosien celebrate the end of 30 days of radiation treatments.</i>




Men's Breakfast
Don't Forget!

Sept 14th

8:30 a.m.
Jim's Restaurant
In Arnprior




Please consider joining us for good food and good conversation!

Happy Anniversary

Sept 6th: Lois & Henry Rosien
Sept 29th: Marion & Elmer Leek

Hat Sunday ~ September 29th

Everyone is invited to wear a hat to church (Men & Women), on the 29th to help Lois Rosien celebrate the end of 30 days of radiation treatments.

Come Celebrate the **Harvest**

Sunday October 27, 2019

Reformation Service 3:00 PM

Dinner 5:30 PM

Ma-te-way Park

1 Ma Te Way Park Drive, Renfrew

*Great opportunity for fellowship with your
Ottawa Valley Lutheran Family*

Dinner Tickets \$17
Available at your church
Until October 11, 2019
CONTACT: Randy Zimmerling

**Organized by the
Ottawa Valley Ministry Committee**



In association with the Eastern Synod of the
ELCIC



Postings in the Narthex

Galilee Centre



Galilee Centre Jamboree – September 29, 2019

Posted: August 29, 2019

Join us for the Galilee Centre Jamboree – Sunday September 29: 2 – 7 pm. A family event with great live musical performances from: Jim Roberts Mason's Apron Donna Hughes Shelagh William Lunney Gary Patrois Pierre DesMarais Derek Roche Gracenote. Tickets: \$20 available at Galilee Centre or Eventbrite – Children under 12 get in free! ... [Read More!](#)



Healing The Future: Transforming Anger & Anxiety Into Gifts – October 4-6, 2019

Posted: May 16, 2019

October 4-6, 2019 When looking at the future, what keeps me from feeling really happy? Is it anxiety over health, an ongoing difficult relationship or the loss of our dream? Maybe it is a bigger problem of a world with increasing violence, global warming, & financial insecurity. This retreat will offer processes of healing to ... [Read More!](#)



Friends of Galilee – Bursary

Posted: December 1, 2017

"Friends of Galilee, a volunteer support group, has limited funds available to assist individuals in covering the costs of programs offered by Galilee Centre. Please contact: Edith Boucher: Tel: 613-622-5625 or Guy and Marian Brethour: Tel: 613-270-9019 or Email: brethour@bell.net for more information.

Canadian Peace Initiative

Canadian Peace Initiative, Arnprior Public Library, 6:30—8:00pm, Wednesday, September 4th. Come join in discussion and planning of important peace initiatives, including updates on work of the Ambassador for Women, Peace and Security and advocating for a national action plan for peace during federal election time, and how to mark International Day of Peace on September 21. All Welcome. Info: Theresa 613 897-0188

Poetry Corner

The Patience of Ordinary Things

*May you wake with the sense of play,
An exultation of the possible.
May you rest without guilt,
Satisfied at the end of a day well done.
May all the rough edges be smoothed,
If to smooth is to heal,
And the edges be left rough,
When the unpolished is more true
And infinitely more interesting.
May you wear your years like a well-tailored coat
Or a brave sassy scarf*

*. . . May the friendships you've sown
Grown tall as summer corn.
And the things you've left behind,
Rest quietly in the unchangeable past.
May you embrace this day,
Not just as any old day,
But as this day.
Your day.
Held in trust
By you,
In a singular place,
Called now.*

From "Blessing" by Carrie Newcomer



On August 25th we celebrated
Joyce Harris's 85th Birthday.

VOLUNTEER SCHEDULE FOR SEPTEMBER 2019

DATE	USHERS	READING	COFFEE/SOCIAL	COUNTERS
Sept 1 st		Maureen Rueckwald	Marion Leek	
Sept 8 th	Mel & Marion	Andy Kalnins	Alison & Dave	Mel & Marion
Sept 15 st	Mel & Marion	Joanne Bretzlaff	Lorne & Joanne	Mel & Marion
Sept 22 th	Mel & Marion	Joy Statham		Mel & Marion
Sept 29 th	Mel & Marion	Cathy or Randy Zimmerling		Mel & Marion